

DAY 03

22nd February, 2026
Sunday

Apnea Hall 1: DAY 03 – 22nd February, 2026 (Sunday)

Time	Speaker	Topic
Surgical Video Session 12		
8:00 AM	Boyd Gillespie, USA	Hypoglossal Nerve Stimulation (HNS)
8:15 AM	Marty Hopp, USA	Inspire vs Imthera – Outcomes and Technique
8:30 AM	Ryan Cheong, UK	Nyxoah – Surgical technique
Key Note Lecture		
9:00 AM	Clemens Heiser, Germany	Hypoglossal Nerve Stimulation: Transforming OSA Therapy and Redefining the Future of Sleep Surgery
9:20 AM	Kathleen Yaremchuk, USA	What is old is new again
9:40 AM	Audrey Yoon, USA	Precision Nasomaxillary Expansion for SDB
Vikas Agrawal Oration		
10:00 AM	Maria Suurna, USA	Innovation in Sleep Surgery and Medical Therapies – Rethinking the OSA Treatment Algorithm
Theme Lecture		
10:30 AM	Srinivas Kishore, India	Global Perspectives in Sleep Surgery: What the World Has Taught us so Far
Key Note Lecture		
11:20 AM	Paul Hoff, USA	Neurostimulation for Obstructive Sleep Apnea: Past, Present and Future
11:40 AM	Marina Carrasco-Llatas, Spain	Impact of DISE on Surgical Results in OSA
Personalizing PAP and Alternative Therapies		
12:00 PM	Shailesh Khode, UAE	CPAP & Surgery In OSA: Complementary Strategies for Adherence
12:15 PM	Valérie Wiener, Belgium	Intraoral Negative Airway Pressure Therapy (INAP)
12:30 PM	Arup Haldar, India	Different PAP Modalities in Obstructive Sleep Apnea
12:45 PM	Sujit Rajan, India	Troubleshooting CPAP Therapy in Clinical Practice
1:00 PM	Lunch	
Beyond CPAP and Surgery		
2:00 PM	Ryan CT Cheong, UK	GLP-1 Agonists for Obesity in OSAS
2:15 PM	Atul Pore, India	Positional Therapy: An Adjunct in OSAS Treatment
2:30 PM	Marta Morato Galan, Spain	Is There a Role for Drugs in OSAS?
CPAP Intolerance: Where to Draw the Line Before Considering Surgery?		
2:45 PM	Rodolfo Lugo (Moderator), Arup Haldar, Vidyasagar D, Rahul Nahar	CPAP Intolerance: Where to Draw the Line Before Considering Surgery?
The Future of Sleep Surgery: Global Trends & Guidelines		
3:30 PM	Sumit Samant, New Zealand	Sleep healthcare in NZ: Small, slow but steady
3:45 PM	Mohamed Abdelwahab, USA	Sleep healthcare in USA
4:00 PM	Maria Gabriela Bosco, Spain	Sleep healthcare in Europe

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The Future of Sleep Surgery: Global Trends, Guidelines, and Collaborative Care Models

4:15 PM	Rahul Modi (Moderator), Vijaya Krishnan, Manuele Casale, Rodolfo Lugo, Lyndon Chan, Abhay Sharma, Andrew Wong	The Future of Sleep Surgery: Global Trends, Guidelines, and Collaborative Care Models
VF		
5:00 PM	Valedictory Function	

Hypopnea Hall 2: DAY 03 – 22nd February, 2026 (Sunday)

Time	Speaker	Topic
Surgical Video Session 13		
8:00 AM	Rakhi Dhotre, India	Pediatric Septoplasty
8:15 AM	Devina Chitanshi, India	Piezoelectric Precision in Nasal Airway Bone Remodeling
8:30 AM	Vijaya Krishnan & Srinivas Kishore	Coblation in OSAS: New Tools, New Possibilities
Combined Sessions		
Debate		
11:20 AM	Uri Alkan, Rodolfo Lugo	Uvula Preservation in Sleep Surgery: To Preserve or Not?
11:40 AM	Arup Haldar, Rahul Modi	When CPAP Fails: Surgical Intervention vs Lifestyle Modification – Which Works Best?
Global Perspectives on Sleep Surgery Training and Fellowship Programs		
12:00 PM	Rodolfo Lugo, Mexico	Sleep Surgery Training Programs in Latinoamerican countries
12:15 PM	Manuele Casale, Italy	Sleep Surgery Training Programs in Europe
12:30 PM	Vijaya Krishnan, India	Sleep Surgery Training Programs in Asia
12:45 PM	Abhay sharma, USA	Sleep Surgery Training Programs in USA
1:00 PM	Lunch	
Allergic and Non-Allergic Rhinitis in OSAS: Clinical Implications		
2:00 PM	Sarika Verma, India	Role of Allergic Rhinitis management in CPAP compliance
2:15 PM	Bijiraj, India	Allergic Rhinitis & Surgical Outcomes in OSAS
2:30 PM	Rashmi Menon, India	Non Allergic Rhinitis & OSAS – Pathophysiology
Multimodal Treatment Approach: Can Surgery, Oral Appliances, and CPAP Coexist?		
2:45 PM	Jeevanan (Moderator), Audrey, Prakhar Agarwal, Sukhwinder	Multimodal Treatment Approach: Can Surgery, Oral Appliances, and CPAP Coexist?
OSAS Across Special Populations: Challenges and Outcomes		
3:30 PM	Jeevanan, Malaysia	OSAS in Pregnancy: Clinical Implications
3:45 PM	Anukaran Mahajan, India	Syndromic Children with OSAS: Challenges and Strategies
4:00 PM	Sreenivas Kamath, India	Measuring Success in Obstructive Sleep Apnea Management
Hypoglossal Nerve Stimulation: Where Do We Stand in 2026?		
4:15 PM	Olivier Vanderveken (Moderator), Clemens Heiser, Konomi Ikeda, Abhay Sharma, Paul Hoff, Ryan Cheong	Hypoglossal Nerve Stimulation: Where Do We Stand in 2026?

RERA Hall 3: DAY 03 – 22nd February, 2026 (Sunday)

Time	Speaker	Topic
Surgical Video Session 14		
8:00 AM	Neha Shah, India	Office Based Surgical Procedure using RF
8:15 AM	Arjun Dasgupta, India	Impact of Nasal Airway Surgery on Outcomes in Obstructive Sleep Apnea
8:30 AM	Vidyasagar D, India	Different Techniques of Turbinate reduction
Combined Sessions		
Health Economics and Insurance Coverage in OSAS Management		
11:20 AM	Vikas Agrawal (Moderator) Prakash S, Mohan Kameswaran, Prashant Chajjed, 2 more names	Health Economics and Insurance Coverage in OSAS Management
Quiz		
12:00 PM	Quiz – Anupam Kanodia / Rahul Nahar / Shivam Sharma	
1:00 PM	Lunch	
OSAS Co-Morbidities		
2:00 PM	Rachit, India	LPR and OSA: Pathophysiology, Clinical Impact, and Management
2:15 PM	Neemu Hage, India	Can we see Brain breathe better? Frontal Cortical oxygenation changes after Adenotonsillectomy in pedaitric OSA using fNIRS
2:30 PM	Janhvi Siroya Shah, India	Obesity, PCOS & Sleep: The ENT’s Role in a Gynaec-Driven Problem
Integrated Management of Pediatric OSAS: Surgery, Orthodontics, and Beyond		
2:45 PM	Srinivas Kishore (Moderator), Navin Patel, Gayatri, Roshan Rayen	Integrated Management of Pediatric OSAS: Surgery, Orthodontics, and Beyond
Functional Rhinoplasty in OSA		
3:30 PM	Nilesh Madkikar, India	Selecting the right patient: Indications, Outcomes and Multilevel pathways
3:45 PM	Prince Peter Dhas, India	Open Septorhinoplasty – Achieving straight septum and a silent quality sleep
4:00 PM	Gowtham Illambharti, India	Functional Rhinoplasty in OSA – Addressing the Turbinate's & Nasal Valve's – not just the septum
Multidisciplinary Integration: Where Surgeons, Sleep Physicians, and Dentists Converge		
4:15 PM	Seemab Shaikh (Moderator), Sukhvinder Bindra, Niveditha, Priyam, Dipankar Datta, Antony Irudhayarajan	Multidisciplinary Integration: Where Surgeons, Sleep Physicians, and Dentists Converge

NREM Hall 4: DAY 03 – 22nd February, 2026 (Sunday)

Time	Speaker	Topic
Surgical Video Session 15		
8:00 AM	Susan Sebastian, India	Minimally invasive palato pharyngoplasty
8:15 AM	Grace Budhiraja, India	Minimally invasive channelling of tongue base
8:30 AM	Ashim Desai, India	Expansion sphincter pharyngoplasty
Combined Sessions		
11:15 AM	Mahalakshmi R, India	Circadian Rhythm for Sleep Surgeons
11:30 AM	Agarwal JB, India	Bariatric Surgery for OSAS
11:45 AM	Abhay Agarwal, India	TBD
Integrating Experience, Diagnostics, and Airway Optimization		
12:00 PM	Ani Papian, Russia	DISE & OSAS surgical treatment: My experience in Russia
12:15 PM	Karthik Madesh, India	Role of septo/turbinoplasty
12:30 PM	Ramya Rathod, India	Reading Between the Respiratory Events: Polysomnography Insights to improve surgical outcome
12:45 PM	Nersesyan Marina, Russia	Rare reasons of apnoea in children
1:00 PM	Lunch	
Early spectrum of sleep-disordered breathing		
2:00 PM	Sanu Moideen, India	Prephase Nasal Surgeries in OSA
2:15 PM	Heer Patel, India	Management of Primary Snoring
2:30 PM	Jas Simran, India	UARS—The Overlooked Sleep Breathing Disorder
Phenotyping Sleep Apnea: Is the Era of One-Size-Fits-All Over?		
2:45 PM	Rahul Modi (Moderator), Sandeep Bansal, Col Dr Kamalpreet Singh, Dipankar Datta	Phenotyping Sleep Apnea: Is the Era of One-Size-Fits-All Over?
Decoding the Difficult Sleep Surgery Patient		
3:30 PM	Raul Martinez Vite, Mexico	The surgical evasive non snorer
3:45 PM	Mohit Sinha, India	From Snoring to Syndrome: How to Identify the Hidden OSA Patient
4:00 PM	Alberto Landaida, Chile	TBD
From UPPP to Multilevel Surgery: Choosing the Right Procedure for the Right Patient		
4:15 PM	Vikas Agrawal (Moderator), Vikas Gupta, Manuele Casale, Michel Cahali, Anamika Rathode, Uttam Agarwal, Shakeb Khan	From UPPP to Multilevel Surgery: Choosing the Right Procedure for the Right Patient

REM Hall 5: DAY 03 – 22nd February, 2026 (Sunday)

Time	Speaker	Topic
Surgical Video Session 16		
8:00 AM	Pratibha Mahajan, India	Dynamics of treatment of sleep apnea, posture and performance enhancement in sports.
8:15 AM	Srinivas Kishore, India	Pyriformplasty / Inferior turbinoplasty using Medtronic inferior turbinate blade
8:30 AM	Chandrakant Shete, India	Novel way for effective Management of OSA: Customised Mandibular Repositioning Device & CPAP (Hybrid Therapy)
Combined Sessions		
Workshop by Audrey (11 am to 5 pm)		

PSG Hall 6: DAY 03 – 22nd February, 2026 (Sunday)

Time	Speaker	Topic
Surgical Video Session 17		
8:00 AM	Noyu Yokoyama, Japan	Epiglottectomy
8:15 AM	Vidyasagar R, India	Taming the Tongue base : S- SAT procedure
8:30 AM	Suheb Patel, India	Glosso-Epiglottopexy
Combined Sessions		
ISSS Oral Poster Paper (100 mins)		
11:20 AM	ISSS Oral Poster Paper 11:20 am to 1 pm	
1:00 PM	Lunch	
From Nose to Lymphoid Tissue: DISE-Based Airway Evaluation		
2:00 PM	Baparao M, India	Use of DISE in decision making
2:15 PM	Vignesh, India	Interventional DISE
2:30 PM	Swetha, India	Role of Nose in OSA
2:45 PM	Amit Goyal, Dubai	Lymphoid hypertrophy major cause of Sleep apnea syndrome in Gulf My experience
Surgeon’s Perspective on Evaluation, Counseling, and Outcomes in OSA		
3:00 PM	Mahalakshmi R, India	Effective Counseling Strategies: Enhancing Compliance & Outcomes
3:15 PM	Renuka Balu, India	Outcome parameters after successful treatment of OSA
3:30 PM	Samantrai KK, India	Interpretation of Level One polysomnography a surgeons prospective
3:45 PM	TBD	TBD
4:00 PM	TBD	TBD
4:15 PM	TBD	TBD
4:30 PM	TBD	TBD
4:45 PM	TBD	TBD

Arousal Hall 7: DAY 03 – 22nd February, 2026 (Sunday)

Time	Speaker	Topic
Surgical Video Session 18		
8:00 AM	Yogesh Neupane, Nepal	Palatal Surgery
8:15 AM	Yutaka Matsushita, Japan	Palatal Surgery
8:30 AM	Keishi Nakazawa, Japan	Palatal Surgery
Combined Sessions		
Dr. Dipankar Datta Video Award Paper 40 mins		
11:20 AM	Dr. Dipankar Datta Video Award Paper 11:20 am to 12 pm	
Allergic Rhinitis and Nasal Obstruction in OSAS: Medical Perspectives – Sanofi Symposium		
12:00 PM	Naveen Patel, India	Application of Anti-histamine and oral decongestant in Nasal Obstruction
12:20 PM	Puneet Khanna, India	Double Trouble Navigating Allergic Rhinitis and Obstructive sleep apnea
12:40 PM	Panel Discussion – Sunita Chappola Shukla (Moderator), Naveen Patel, Puneet Khanna	
1:00 PM	Lunch	
Special Group Discussion on Neuroscience of OSAS		
2:00 PM	Joy Desai, India	Sleep essentials for any physician or surgeon
2:20 PM	Joy Desai, India	The Sleep Apneic Brain
2:40 PM	Joy Desai, India	Challenges in Geriatric OSA
3:00 PM	Rahul Gupta, India	Hurdles in Developing OSA/Snoring speciality in Govt. Medical Institutes
3:15 PM	Madhusudhana Rao, India	Evolution of establishing a SNORING CENTRE in rural India
3:30 PM	Amrit Kapoor, India	OSA in non obese individuals: An overlooked/underdiagnosed entity
3:45 PM	Vikram choudhary, India	Clinical Discordance in OSA: A Practical Approach
Free Paper (60 mins)		
4:00 PM	Free Paper 4 pm to 5 pm	
VF		
5:00 PM	Valedictory Function in Hall 1	